

Stacey Simmons Speed Camp

Join Stacey Simmons, former Gator Track and Field Star and NFL wide receiver, for a week of speed training. Speed camp will be beneficial for all athletes, as it will teach proper running technique and change of direction skills and will improve your child's overall athleticism.

**When: Week 4:
June 21-June 25**

Time: 1:00 pm– 4:00 pm

Ages: 8-14

Cost: \$125

**Where: Dimmitt Comm. Center
918 Osceola Rd.
Belleair, FL 33756
www.belleairrec.com**



“Making the Best...

BETTER!”

**For more information contact Nate Lenz at
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